

Diploma of Traditional Chinese Medicine Remedial Massage (An Mo Tui Na) HLT50102

Course Overview

This course is aimed at those people who want to work in or who are currently working in the area of An Mo Tui Na or Traditional Chinese Medicine and want to increase their skills and knowledge level including the specialist skills for the treatment of women and children and in traumatology treatment.

The following competencies are covered in this course:

BSBCMN204A Work effectively with others

This unit covers the skills and knowledge required to work in a group environment such as promoting team commitment and cooperation and supporting team members.

HLTCOM2A Develop professional expertise

This unit covers introductory skills and knowledge required to work effectively in a healthcare setting with patients, clients, staff, visitors, suppliers and others to meet established work requirements. Work will be within a prescribed range of functions involving known routines and procedures with some accountability for the quality of outcomes.

HLTCOM4A Communicate effectively with clients/patients

This unit covers the skills required to understand and respond to instructions, carry out tasks and communicate with a range of internal/external clients in a health care practice, using appropriate practice-specific/medical terminology.

HLTCOM5A Administer a practice

This unit describes the skills required to provide administration for a clinical health practice according to the size and scale of the business.

HLTCOM6A Make referrals to other health care professionals when appropriate

This unit describes the skills required to arrange referrals to other health care professionals when required.

HLTFA2A Apply advanced first aid

This unit deals with the provision First aid response, life support, management of casualty(s), the incident and other First Aiders, until the arrival of medical or other assistance, and support to other providers. Training package users should ensure implementation is consistent with any relevant legislative requirements in relation to First Aid. When co-assessed with HLTFA1A *Apply Basic First Aid* this unit is equivalent to skill outcomes achieved upon completion of a senior or advanced First Aid certificate

HLTHIR1A Work effectively in the health industry

This unit covers introductory skills and knowledge required to work effectively in a healthcare setting with patients, clients, staff, visitors, suppliers and others to meet established work requirements.

Work will be within a prescribed range of functions involving known routines and procedures with some accountability for the quality of outcomes.

HLTHSE1A Follow the organization's occupational health and safety policies

This unit covers general OHS requirements according to legislation and codes of practice, including duties and responsibilities for all parties under the general duty of care.

The unit is based on generic competency *A Guidelines for Integrating Occupational Health and Safety Competencies into National Industry Competency Standards (NOHSC: 7025 (1998) 2nd edition)*.

HLTIN1A Comply with infection control policies and procedures

This unit describes the skills and knowledge required of workers to understand and comply with infection control guidelines. Policies and procedures may be organizational, industry-based and/or legislated. The unit applies to a wide range of workers in health industry settings reflecting the importance of controlling infection risks and self protection.

HLTTTCM1A Apply TCM Remedial Massage (An mo Tui Na) assessment framework

HLTTTCM2A Perform TCM Remedial Massage (An mo Tui Na) health assessment

HLTTTCM3A Provide TCM Remedial Massage (An mo Tui Na) treatment

HLTTTCM4A Provide Traumatology Treatment within an TCM Remedial Massage (An mo Tui Na) framework

HLTTTCM5A Provide TCM Remedial Massage (An mo Tui Na) treatment for women and children

HLTTTCM6A Work within TCM Remedial Massage (An mo Tui Na) framework

HLTTTCM7A Plan the TCM Remedial Massage (An mo Tui Na) treatment strategy

Above listed Competencies are covered withing the following modules:

TCM-1 Theoretical Frameworks of TCM

To enable participants to outline the establishment and development of TCM; to explain the concept and features of yin and yang, and the five phase, as well as the qi, xue, jin-ye, jing and shen; to describe and explain TCM physiology and pathology; and to state the view of disease, aetiology and pathogenesis in TCM.

CAP-1 The Channel System & Acupoints (1)

To enable participants to describe and explain the anatomical physiology, channel pathways and clinical indications of Du Mai, Ren Mai, and the hand yin, hand yang and leg yin channels; to identify and describe main acupuncture points of these channels, in regard to the location, channel number, Chinese name, and points-of-special-value category.

TNA-1 Tui Na Strategy & Techniques (1)

To enable participants to explain the philosophy and principles of Tui Na, and to demonstrate basic Tui Na manipulation techniques.

MMS-1 Anatomy

To enable participants to describe the gross anatomy of the human body, including bones, muscles, joints, tendons and ligaments; vascular and lymphatic structures; structures of nervous systems and sensory organs. And to accurately use anatomical terminology.

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MMS-2 Anatomy for Tui Na

To enable participants to identify and describe the main anatomical regions of the human body and their structures;

the congenital anatomical variations and abnormal anatomical variations in the human body with reference to their importance in the practice of Tui Na and to accurately use anatomical terminology.

TCM-2 Diagnosis Methods

To enable participants to describe the principles of the four diagnostic methods, clinical significance and skills of TCM diagnosis; to identify and analysis the four diagnostic methods and the eight principal diagnosis.

CAP-2 The Channel System Acupoints (2)

To enable participants to describe and explain the anatomical physiology, channel pathways and clinical indications of leg yang channels; to identify and describe main acupuncture points of these channels and the extra points, in regard to the location, channel number, Chinese name, and points-of-special-value category.

TNA-2 Tui Na Strategy & Techniques (B)

To enable participants to demonstrate basic Tui Na manipulation techniques and self-care Tui Na skills.

MMS-3 Physiology

To enable participants to describe and explain physiology of nerves and muscles, nervous systems and the senses; the heart, vascular and lymphatic vessels, and blood components; respiratory, gastrointestinal tract and urinary systems; and to employ common terminology and concepts of physiology for the communication and continual self-directed learning.

TCM-3 Diagnosis Patterns & Principles of Treatment

To enable participants to describe and explain pattern differentiations and the treatment strategies in regard to Qi, xue, and jin-ye; the heat, damp, dry, cold, wind, phlegm, and food; and the internal organs. To describe the concept of general therapeutic principles in TCM.

TNA-3 Tui Na Techniques & Other Complementary Therapies

To enable participants to describe and demonstrate common therapeutic methods of Tui Na, Moxibustion, Cupping and Gua Sha, as well as to describe Shiatsu, naturopathy and other massages.

MMS-4 Pathology

To enable participants to describe and explain acute and chronic inflammation; hemodynamic pathology of haemorrhage, thrombosis, embolism, infarction and edema; pathology of the main disorders of locomotive system and neurological system; pathology of the major cardiovascular and haematological disorders; pathology of the main disorders of respiratory, gastrointestinal and urinary systems. To employ common terminology of pathology for communication with other health professionals.

MMS-5 Clinical Diagnosis

To enable participants to take medical history, medical report and symptom analyses; to perform physical examinations (inspection, palpation, percussion and auscultation), general examination, and specific physical examination and analyses for locomotor and neurological systems; to assess common acute and chronic clinical conditions and determine these conditions to refer appropriately to a medical practitioner.

STN-1 Tui Na Treatment in Traumatology (1)

To enable participants to explain the philosophy and principles of Tui Na in traumatology; to identify the indications, contraindications and precautions of Tui Na in traumatology; and to explain and demonstrate key points of diagnosis and Tui Na management for traumatic disorders in neck, shoulder, elbow, wrist and fingers.

STN-2 Tui Na Treatment in Traumatology (2)

To enable participants to explain and demonstrate key points of diagnosis and Tui Na management for traumatic disorders in back, hip, knee, ankle and toes.

STN-3 Tui Na Treatment for Children

To enable participants to explain the philosophy and principles of Tui Na in paediatrics; to identify the indications, contraindications and precautions of Tui Na for children; to describe and demonstrate common acupoints and Tui Na techniques used for children; and to explain and demonstrate key points of diagnosis and Tui Na management for common paediatric disorders.

STN-4 Tui Na Treatment for Women

To enable participants to explain the philosophy and principles of Tui Na in gynaecology; to identify the indications, contraindications and precautions of Tui Na for women; and to explain and demonstrate key points of diagnosis and Tui Na management for common gynaecological disorders.

Clinical Practicum (1)

To enable participants to demonstrate Tui Na manipulation techniques of pressing, kneading, rubbing, scrubbing, pushing, patting and tapping; self-training exercises for Tui Na. To locate and indicate Du Mai, Ren Mai, the hand yin and yang, and the leg yin channels and the main acupoints of these channels.

Clinical Practicum (2)

To enable participants to demonstrate Tui Na manipulation techniques of thumb-manipulating and rolling; grasping and pinching; vibrating, shaking and rotating; self-training exercises for Tui Na; and Tui Na for relaxation. To locate and indicate the leg yang channels and the main acupoints, as well as the extra points.

Clinical Practicum (3)

To enable participants to review and demonstrate Tui Na manipulation techniques; self-training exercises; Tui Na for relaxation; and moxibustion, cupping and Gua Sha. To locate and indicate the channels and the main acupoints. To perform four diagnostic methods and pattern differentiations.

Clinical Practicum (4)

To enable participants to demonstrate Tui Na techniques and strategies; Tui Na management for traumatic disorders in neck, shoulder, elbow, wrist and fingers; and in back, hip, knee, ankle and toes; Tui Na management for common paediatric disorders; and Tui Na management for common gynaecological disorders.

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